

Case Studies In Counseling Older Adults

Counseling Older Adults Counseling Older People Counselling Older Adults Counseling the Older Adult Nontraditional Therapy and Counseling with the Aging Psychotherapy with Older Adults Helping Relationships With Older Adults Psychotherapy and Counseling With Older Women Counseling Older Persons: Guidelines for a team approach to training Handbook of Counseling and Psychotherapy with Older Adults Guidance and Counseling for the Elderly Counseling Older Persons: A trainer's manual for basic helping skills Counseling the Older Adult Counseling Older Persons: Basic helping skills for service providers Counseling Troubled Older Adults Case Studies in Counseling Older Adults Psychotherapy with Older Men Counseling Older Adults Therapy Over 50 Changing Aging, Changing Family Therapy John Blando Charlene M. Kampfe Bernard Kingston Patricia Alpaugh McDonald Stephen Stansfeld Sargent Bob G. Knight Adelle M. Williams Claire M. Brody, PhD Michael Duffy United States. Congress. House. Select Committee on Aging Patricia Alpaugh McDonald Harold George Koenig Larry B. Golden Tammi Vacha-Haase John Blando Jeffrey Kottler Paul R. Peluso

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Counseling Older Adults Psychotherapy with Older Men Counseling Older Adults Therapy Over 50 Changing Aging, Changing Family Therapy *John Blando Charlene M. Kampfe Bernard Kingston Patricia Alpaugh McDonald Stephen Stansfeld Sargent Bob G. Knight Adelle M. Williams Claire M. Brody, PhD Michael Duffy United States. Congress. House. Select Committee on Aging Patricia Alpaugh McDonald Harold George Koenig Larry B. Golden Tammi Vacha-Haase John Blando Jeffrey Kottler Paul R. Peluso*

counseling older adults provides an introduction to gerontological counseling covering theories of aging and their practical application in counseling work with older adults

this book provides insight into the primary issues faced by older adults the services and benefits available to them and the knowledge base techniques and skills necessary to work effectively in a therapeutic relationship dr kampfe offers empirically and anecdotally based strategies and interventions for dealing with clients personal concerns and describes ways counselors can advocate for older people on a systemic level individual and group exercises are incorporated throughout the book to enhance its practicality topics covered include an overview of population demographics and characteristics counseling considerations and empowering older clients successful aging mental health and wellness common medical conditions multiple losses and transitions financial concerns elder abuse veterans issues sensory loss changing family dynamics managing social security and medicare working after retirement age retirement transitions losses and gains residential options and death and dying requests for digital versions from aca can be found on wiley com to purchase print copies please visit the aca website reproduction requests for material from books published by aca should be directed to publications counseling org

presents an approach derived from the author s use of gestalt therapy

an invaluable step by step guide for understanding the basic problems and concerns of the growing population of adults over the age of 65 based on years of clinical research and testing this book provides a thorough review of critical information on older adults the aging process and mental health issues organized into a useful workbook format the book is filled with brief lectures quizzes exercises and sample forms these training materials are designed to help counselors build the interpersonal skills needed to provide aid and comfort for senior citizens requiring psychological services

looks at the characteristics of bullfrogs and examines how they became an invasive species in north america how they cause problems in their new environments and the ways that people have attempted to deal with them

this third edition of the bestselling psychotherapy with older adults continues to offer students and professionals a thorough overview of psychotherapy with older adults using the contextual cohort based maturity specific challenge ccmsc model it draws upon findings from scientific gerontology and life span developmental psychology to describe how psychotherapy needs to be adapted for work with older adults as well as when it is similar to therapeutic work with younger adults sensitively linking both research and experience author bob g knight provides a practical account of the knowledge technique and skills necessary to work with older adults in a therapeutic relationship this volume considers the essentials of gerontology as well as the nature of therapy in depth focusing on special content areas and common themes psychotherapy with older adults includes a comprehensive discussion of assessment and options for intervention numerous case examples illustrate the dynamics of the therapeutic task and issues covered in therapy and stress the human element in working with older adults a concluding chapter considers ethical questions and the future of psychotherapy with older adults the author has updated the third edition to reflect new research findings and has written two entirely new chapters covering psychotherapy with persons

with dementia and psychotherapy with caregivers of frail older adults since its initial publication in 1986 the book has been used as a course text and a professional reference around the world including translations into french dutch chinese and japanese it is a vital resource for practicing therapists and counselors who work with older adults and is also ideally suited as a text for advanced students in psychology social work gerontology and nursing praise for previous editions bob g knight s largest contribution is his excellent discussion of therapy the book is clearly written with a good use of summaries and case examples to clarify the major points by linking research findings to practice experience knight has provided a pragmatic introduction which should be helpful to psychiatrists psychologists social workers and psychiatric nurses working with older adults journal of applied gerontology i recommend this book to anyone interested in working with the elderly partly because of the content and partly because the author presents the case for doing psychotherapy with the elderly with realism and enthusiasm behavior research therapy

a definite read for students in counseling programs for improving the lives of older adults amy gray graves webster university helping relationships with older adults from theory to practice examines the fundamental theoretical perspectives of the aging process with an emphasis on the healthy aspects of aging taking a comprehensive approach the text addresses various therapeutic methods as it highlights the strengths and resiliency of the older population exercises and case studies demonstrate key concepts and promote skill development by allowing students to experience the various challenges in the lives of older clients helping relationships with older adults from theory to practice is part of the counseling and professional identity series

trotman and brody along with expert contributors view older women through a feminist lens and examine social constructs concerning aspects of aging caregiving elders relationships with family health body image and sexuality concerns the authors define issues that are

important to older women and their emotional health and bring into sharp relief some of the painful issues professionals must confront in counseling older women

with the graying of society therapists are seeing more and more older clients in this book editor michael duffy brings together leading experts to explain the unique problems of older adults and describe effective treatment techniques

counseling troubled older adults is designed to be a pastoral care text for those in training for pastoral ministry as well as a useful resource casebook for those engaged in pastoral work with older persons

in case studies in counseling older adults larry golden addresses a growing trend older adults presenting for counseling and the techniques that may be used to help treat them golden has selected cases studies that highlight many common issues faced by older adults today such as loss of a spouse health financial means depression and spirituality the organization of the cases provides the reader with a sense of the contributors environment the clients contextual issues i e family economics health the clients presenting problems and the therapeutic strategies implemented this book is a valuable resource to counselors who are seeking to enhance their expertise with innovative approaches to counseling older adults

society imposes a strict masculinity construct on boys and men dictating how they are expected to behave as a real man including the idea that they should not display weakness through mental and emotional issues as men age however it becomes increasingly difficult and even impossible for them to fulfill this role due to the limitations that aging imposes thus elderly men may feel ashamed of their seeming inability to cope with these changes while maintaining their traditional male identities especially regarding physical and mental illness this book

intends to highlight the resulting social stigma older men experience by exploring the context of their lives the challenges they face and the clinical process of helping them in counseling and psychotherapy

counseling older adults is not equivalent to counseling the general population and specialized skills and knowledge as well as sensitivity to the contexts in which older adults live are essential in working successfully with this population this text provides an introduction to gerontological counseling integrating the basic skills of working with older adults with theories of counseling and aging specific counseling issues discussed include mental health counseling career counseling rehabilitation counseling and family counseling along with these important contextual factors such as race culture social class social justice spirituality alzheimer s and other dementias and family issues are considered in light of the latest research each chapter contains case studies discussion questions a glossary and suggestions for further reading to reinforce the material presented

traditional training in counseling and psychotherapy makes minimal distinctions on the ages of the client and therapist in the treatment process therapy over 50 aging issues in psychotherapy and the therapist s life highlights how therapy is frequently a very different process for the older client and therapist specifically this book explores a how therapists over 50 or approaching that life transition experience struggle and enjoy doing therapy in ways that are different from when they were younger this includes their special challenges adaptations fears and joys and b the landscape related to working clinically with aging clients and those approaches and strategies that work best with this population the text also includes both current research and classic literature on the subject of aging issues in therapy as well as current excerpts from interviews the authors will conduct with some of the most notable aging figures in the fields of counseling social work marriage and family therapy and clinical psychology therapy over 50 ultimately deals with the inevitable and unrelenting changes that take

place along with corresponding lost and reconfigured dreams as well as the approaches and strategies that are most effective for working with this population with an optimistic tone kottler and carlson promote a philosophy of positive aging and development for the therapist and client thereby offering hope and inspiration for both parties

as the baby boomers move into retirement and later stages of life gerontology and geriatrics have begun to receive much more attention changing aging changing family therapy explores the ways in which family therapists expertise in systems theory makes them uniquely qualified to take a leading role in helping families and individuals cope with the challenges and changed circumstances that aging brings clinicians will find detailed coverage and practical guidelines on a wealth of vital topics including coping with the illness of a parent or partner working past retirement age outliving one s savings preserving physical and mental well being over time and more

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